

# Jeyaram C



## Contact

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DOB : 16.05.1981

## Languages

English  
Tamil

## Hobbies

- Writing
- Reading
- Physical training

## Personal Information

Community : BC  
Nationality : Indian  
Marital Status : Married

## Summary

To instruct, train, motivate, and mentor future Generation in the field of Physical Education and sports

## Skill Highlights

- Sports Training
- Strong decision maker
- Complex problem solver
- Handball Coaching
- Innovative
- Service-focused

## Experience

**Assistant Professor cum Handball Coach ( From 2017 to till date)**

G.T.N. Arts College, Dindigul, Tamilnadu, India

**SPORTS OFFICER cum Handball Coach ( from 2015 to 2017)**

ARUMUGHAM GROUP OF INSTITUTIONS, Tholudur,  
Cuddalore Dist.Tamilnadu, India

**Physical Director cum Handball Coach (since 2007-2015)**

NAGASIVA POLYTECHNIC COLLEGE, Nedungulam ,  
Madurai, Tamilnadu, India

**Physical Education Teacher (from – 2005- 2007)**

VMJ Matriculation, Hr, Sec, School (ICSE), Madurai,  
Tamilnadu, India

## Education

**M.P.Ed**, (in Annamalai University, Chidambaram  
between 2003- 2005)

**B.P.Ed** ,(in YMCA college Chennai, between 2002-  
2003)

**B.Sc**, Physical Education (in ANJA college Sivakasi,  
between 1999-2002)

## Certifications

- Qualified as Athletics Technical Official in State Level
- Certificate Course in Gym Instructor
- Qualified as National Referee in Handball

## Personal Sports achievements

### UNIVERSITY REPRESENTATION FOR INTER-UNIVERSITY COMPETITION

- ❖ Represented Madurai kamaraj university in the game of Handball in the 2000-2002 – Form III
- ❖ Represented University of Madras in the game of Handball in the year 2002 -2003 – Form III
- ❖ Represented Annamalai University in the game of Handball in the year 2003 -2005 – Form III
- ❖ **Represented ALL INDIA WINNERS TEAM (ANNAMALAI UNIVERSITY) IN THE YEAR 2003-2004**
- ❖ Represented Annamalai University in the game of Handball for State Level inter Physical Education tournament in the year 2004-2005
- ❖ Represented Viruthunagar District Volleyball Team for Youth Championship in the year 2001-2002

## Paper Presentation Details

- ❖ Presented a Research Paper in The International Virtual Conference In A Multidisciplinary Approach on Sports Sciences From 1-08-2020 To 3-08-2020 G.T.N. Arts College ,Dindigul, **“The Effect of Plyometric on Muscular Strength and Speed Among Handball Players”**
- ❖ Presented a Research Paper in Lakshmi Bai National Institute of Physical Education, Gwalior in a International Conference on Sports & Allied Sciences(E-Conference on 23&24 February 2021), **“ The Study on Shoulder Strength between Handball and Basketball Players”**

## Publications

- ❖ Published a Text book on ”Human Anatomy and Physiology”, Shanlax Publications, ISBN 9-789387-102828 in 2018.
- ❖ Published a Text book on ”Sports Training”, New Century book House Publications, ISBN 978-81-2344-236-5 in 2022
- ❖ Published a Text book on ”Sports Injuries management and Rehabilitation”, New Century book House Publications, ISBN 978-81-2344-321-8 in 2022.

## Coaching Experience

- ❖ Represented Tamilnadu Senior men Handball team as a coach in the year 2012,2014 &2016
- ❖ Represented Tamilnadu Under 19 Boys Handball team as a coach in the year 2014
- ❖ Represented Madurai kamaraj University men Handball team as a coach in the year 2017-2020
- ❖ Represented Madurai kamaraj University women Handball team as a coach in the year 2017-2020
- ❖ Represented Madurai kamaraj University men Handball team as a coach and under my coaching MKU team Secured South Zone inter University Winner title in the year 2019-2020 and Qualified for All india Tournaments.

## Declaration

I assure that all the above information given is true to best of my knowledge and belief. If I have a chance to work in your esteemed Institution, I will serve with dedication and enthusiasm

Yours faithfully

JEYARAM.C