

CURRICULUM VITAE

ESWARI.S.
D/O. S.Sethuraman,
86/A,Kuringi nagar,
Dindigul-624 005.
Phone.no : 8754261104
E-Mail ID: esvariuthaya@gmail.com.



OBJECTIVE

I am goal oriented, to cultivate my technical and academic skills in an organization so as to achieve sky limits in my career with my best efforts to lead my organization to new heights.

CAREER PROFILE

- Active and Cohesive Team Worker
- Always looking forward to learn and observe new things and apply innovative ideas
- Capacity of Working under pressure and always within TAT (Turn around Time) with persistent speed.
- Pursue work with energy, drive and a need to reach the target

ACADEMIC DETAILS

| LEVEL | UNIVERSITY | INSTITUTION | PERCENTAGE |
|---|--|--|---------------------------------|
| Ph.D | Avinashilingam Institute for Home science and higher education for women | Avinashilingam Institute for Home science and higher education for women | Pursuing |
| M.P.Ed (2015-2017) | Bharathiar University, Coimbatore | Bharathiar University, Coimbatore | 79% GOLD MEDALIST |
| B.P.Ed (2014-2015) | Bharathiar University, Coimbatore | Bharathiar University, Coimbatore | 82.04% GOLD MEDALIST |
| M.Sc.,Degree (Biochemistry) (2012-2014) | Bharathiar University, Coimbatore | Kongu Arts and Science College, Erode. | 82% |
| B.Sc.,Degree (Biochemistry) (2009-2012) | Bharathiar University, Coimbatore | Kongu Arts and Science College, Erode. | 71.5% |
| Higher Secondary (2007-2009) | State Board | St.Joseph's Girls Higher Secondary School, Dindigul. | 62.5% |
| SSLC (2007) | State Board | St.Joseph's Girls Higher Secondary School, DGL | 69.4% |

Working Experience

- Currently working as Assistant Professor in Department of Physical Education, G.T.N. Arts College, Dindigul-05, Tamilnadu

AREA OF SPECILAIATION

- Football

AREA OF INTEREST

- Handball
- Badminton
- Volleyball
- Basketball

MY BEST IN SPORTS

All India Football Inter university competition:

- **FORM-3 and Participated** in the South zone Inter University Football Tournament held at Pondicherry organized by the Pondicherry University for the year 2009-2010.
- **FORM-3 and Participated** in the South zone Inter University Football Tournament held at Sithambaram organized by the Annamalai University for the year 2011-2012.
- **FORM-3 and Participated** in the South zone Inter University Football Tournament held at J.J.Engineering College Trichy organized by the Anna University for the year 2013-2014.

State level achievements:

- 13th senior women's state Football championship held at Nagapattinam from January 2010- **WINNERS**.
- 14th senior women's state Football championship held at Madurai from (13.08.2011 to 15.08.2011) - **WINNERS**.
- **Participated** in the women state Handball championship held at Salem (2.10.2010 to 3.10.2010).

Inter- Collegiate Football Tournaments:

- Consecutively 4 years Inter -Collegiate Football 2010-2014 **WINNERS**.
- Consecutively 2 years Inter- Collegiate Football 2015-2016 **THIRD PLACE**.
- Represented Inter-Collegiate Handball Tournament Secured **FOURTH PLACE**.

ORGANIZED

- Bharathiar University Inter-Collegiate Athletic Meet in the year 2015-2017.
- South Zone Badminton Tournament held at Bharathiar University in the year 2015.
- All India Badminton Tournament held at Bharathiar University in the year 2015.
- Bharathiar University Intra-mural Tournaments in the year 2015-2017.
- Bharathiar University Inter-hostel Tournaments in the year 2015-2017.

CERTIFICATE COURSE

- Completed Certificate course in **Food Processing, Packaging & Quality Control** (2011-2012).

ADDITIONAL QUALIFICATION

INDIAN INSTITUTE OF SCIENCE, Bangalore has selected me as a Summer Research Fellow to work under **Prof. Utpal S Tatu** for the duration of two months. (MAY-JUNE 2013)

| PROJECT TITLE | ABOUT THE PROJECT |
|--|--|
| Basic Techniques In Molecular Biology | <p>Project summary: I Know about these Techniques and Its future uses theoretically. Like 2 DIEG (Two Dimensional Differential Gel Electrophoresis), SDS-PAGE gel (Sodium Dodecyl Sulfate-Poly acryl amide), MS (Mass Spectrometer) and I Learn to prepare different culture media for different organisms.</p> <p>Duration: 2 Month</p> |

SEMINARS AND PAPER PRESENTATION

- Attended and presented Paper entitled '**Play it safe and healthy on Artificial and Natural Play Ground**' in the National Conference organized by Department of Physical Education ,Bharathiar University, Coimbatore, Tamilnadu during 2016.
- Attended in the UGC sponsored National Conference '**Women Sports Participation in India**' on 2014 organized by Department of Physical Education, Bharathiar University, Coimbatore, Tamilnadu.
- Attended and presented Paper entitled '**Studies on antioxidant and antimicrobial activities of acalyphe indica leaf sample**' in the UGC sponsored National conference on IIPDM-2013 organized by Department of Biochemistry, Periyar University, Salem, Tamilnadu

- Attended and presented Paper entitled “**Effect of core strength training on selected motor ability variables on women handball players**” in the National conference on Science in sports held at Avinashilingam Institute for Home science and higher education for women from 21 to 22 February 2020.
- Attended and presented Paper entitled “**Effect of weight training on muscular strength endurance and leg explosive power among Dindigul District Football Players**” in the International conference on sports and allied sciences at Lakshmi Bai National Institute of Physical Education, Gwalior. on 23 & 24th February 2021
- Attended and presented Paper entitled “**Influence of weight training on leg strength and back strength of Inter collegiate women football players**” in International Virtual conference on multidisciplinary approach on sports sciences. Organized by G.T.N Arts College, Dindigul. From 1st to 3rd August 2020.

RESPONSIBILITIES UNDERTAKEN

- As Student **President of Biochemistry Association (Chairman)** (2013-2014) - Kongu Arts and Science College, Erode – Coordinated Guest lectures, Workshops and Personality development Programmes in the Department.

PERSONAL DETAILS

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|-----------------|--|
| Name | : Eswari.S |
| Date of birth | : May 31, 1992 |
| Father's Name | : Sethuraman.S |
| Husband Name | : Uthaya raja selvam.S |
| Mother Tongue | : Tamil |
| Languages known | : English, Tamil (to Speak, read, and write) |
| Hobbies | : Playing Football, Painting |

REFERENCE

Dr. K. Murugavel ,
 Head Of the Department,
 Department of Physical Education,
 Bharathiar University,
 Coimbatore – 641 046.
E-mail: melato-muruga@yahoo.co.in

DECLARATION

I hereby declare that the information and facts stated here in above are true, to the best of my knowledge.

Place: Dindigul
 Date:

Yours faithfully,

(S.Eswari)